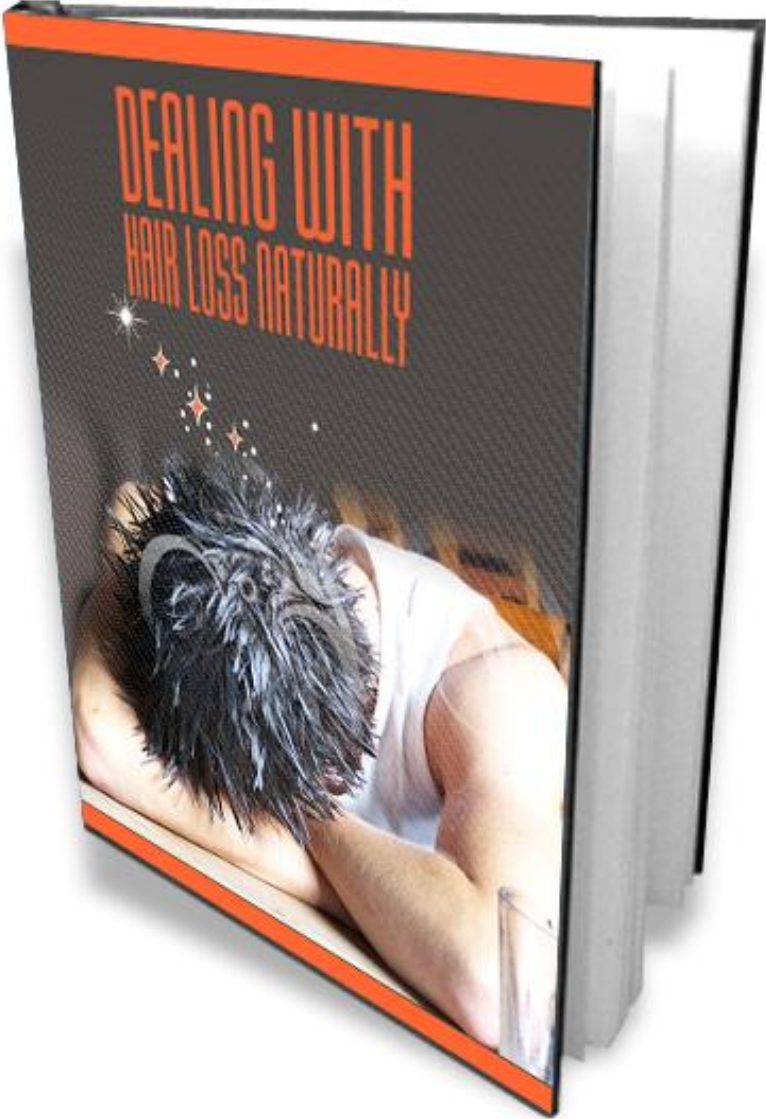




Treating hair loss naturally



Chapter 1 - Introduction





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Introduction

For many millions of people all over the world, hair loss is a real problem. It's not generally a dangerous or hazardous problem of course, but it is nevertheless a real problem for all of these people who suffer a dread of going bald.

There can't be many amongst us, especially in the developed nations of the West, who do not know someone (or more likely, quite a few people) who are suffering some degree of hair loss. In fact, for most of us – even for quite a few people whose hair is fast disappearing – hair loss is not really a 'problem' at all, mainly because even those with thinning hair don't notice it, nor do 90% of other people either.

Nevertheless, for a significant percentage of people who begin to see the first signs of hair loss, it does cause them a problem. After all, were this not the case, there would not be so many thriving businesses all over the world that offer to help people to 'cure' their hair loss problems.

Whether it is actually possible to 'cure' hair loss problems is a moot point because depending upon the cause of the problem, sometimes it will go away of its own accord, whereas in other cases, it is arguably possible to kill the condition with such drastic 'treatments' as a hair transplant.

Such a course of action is drastic because not only can a hair transplant be very expensive, it might also be very painful, particularly if things go wrong. It is also not a particularly quick process, with [experts advising](#)





that even after several months, many patients who choose to undergo a hair transplant see very little positive progress.

There might also be a degree of danger attached to undergoing a hair transplant because whilst there are hundreds of [pre-screened hair transplant surgeons](#) all over the world, there are many who are considerably less qualified. Many of these hair-loss specialist work in places where hygiene is not so important, and standards are maybe not quite so high, so the risk is obviously higher.

And of course, it goes without saying that choosing to go under the surgeon's scalpel (or laser) is *not* a natural way of treating your health problem in any way, shape or form. Therefore, for the purposes of this report, we will acknowledge the existence of surgery as one option that some people may choose if they are really serious about combating their health problem and leave it at that.

However, even if there is no genuine natural 'cure' available for hair loss problems, this does not for one moment mean that you have to accept losing your hair without some kind of a fight.

And the good news is, whilst reverting to something as drastic as a hair transplant is of course not at all natural, there are many natural ways of attacking your hair loss problem, many of which are perhaps surprisingly effective.

Before moving on to looking at the solutions for hair loss problems, it makes sense to start at the very beginning by looking at the different types of hair loss that people suffer, and the causes of them.





Is there more than one kind of hair loss?

For anyone who does not take a great deal of interest in hair loss, which will be anyone who has never suffered a hair loss problem or someone who has hair loss but is not particularly concerned about it, the concept that there could be different types of hair loss is probably quite a strange one.

After all, hair loss is nothing more or nothing less than your hair falling out or becoming thinner, areas of your head where the previously luxuriant hair is no longer quite as thick as it used to be.

To a large extent of course, this is correct. Hair loss or alopecia is a condition most commonly characterized by loss of or thinning head hair, but the underlying causes for this happening can vary widely.

Moreover, whilst we probably don't notice it most of the time, human beings like all other mammals are 'hairy' creatures, in that there is hair that covers a very large percentage of the human body.

In some more extreme cases, hair loss can occur not only on the head but also on other parts of the body as well, which is probably a condition that is far less well-known than what might be considered to be 'standard baldness' where head hair is starting to disappear.

There are in fact many different types of alopecia with many different underlying causes as well. Let us begin by considering all of these different types of alopecia, what causes them and what actions or remedies should be adopted or are necessary, if any.





Thank you very much for requesting this free report. This concludes Chapter 1 of "[Dealing with Hair Loss Naturally](#)."

If you are interested in reading the rest of this valuable and informative report, please [CLICK HERE](#) to learn how.

I sincerely wish you the best of luck in your efforts to deal with your hair loss problem.

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